Checklist for your emergency kit

Easy Read

About this checklist

NSW State Emergency Service made this information.

We are called **NSW SES** for short.

This checklist helps you pack important things for an **emergency**.

An **emergency** is when something bad and dangerous happens like a flood.

It is good to always have an emergency kit packed in case you must leave quickly.

About your emergency kit

You should always have your emergency kit packed.

Keep your emergency kit in a place where you can grab it quickly.

It is best to keep your emergency kit in a waterproof box.

Check the date on the things in your emergency kit like food cans or batteries.

This is to make sure they are still good for a while.

Checklist for what you should pack

Use this checklist when you pack your emergency kit.

Tick the boxes after you have packed the things.

- A radio that runs on batteries

- Spare batteries

- A torch with spare batteries

- First aid kit

- Candles

- Waterproof matches

- A list of your emergency contacts

- A waterproof bag to put in things like your passport or phone

- Some money

- Food that does not go bad like cans

- Bathroom things like soap and
  a toothbrush

- Clothes to protect you like a
  rain jacket

- Strong shoes.

Other things to take in an emergency

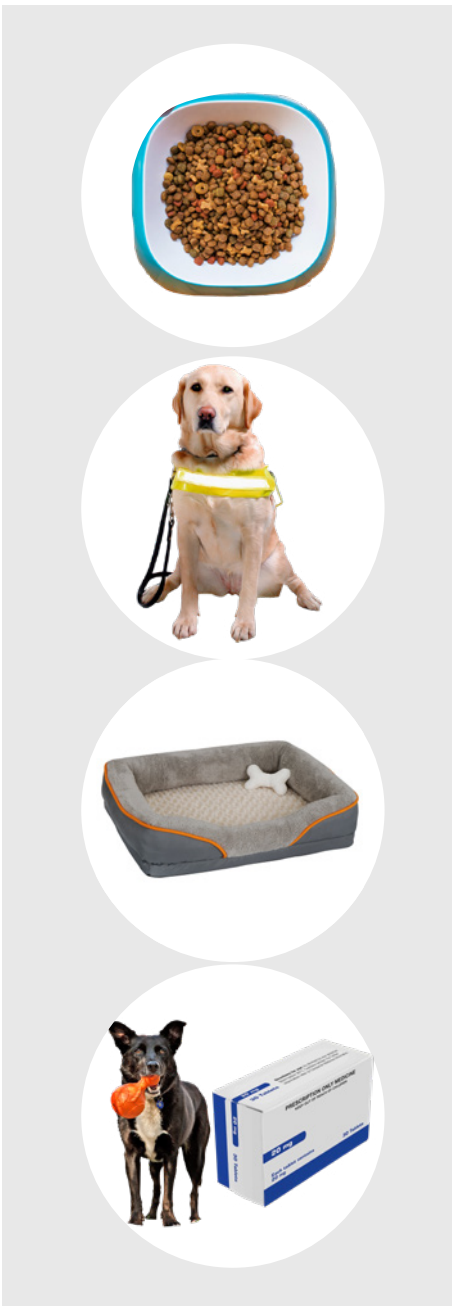There are things you should still pack quickly if you need to leave in an emergency.

You should pack

- Your phone

- The charger for your phone

- Your medication for 1 week

- Water to drink

- Any medical equipment you need.

Take your pets with you if you need to leave because of an emergency.

Make sure you pack the important things you need for your pets like
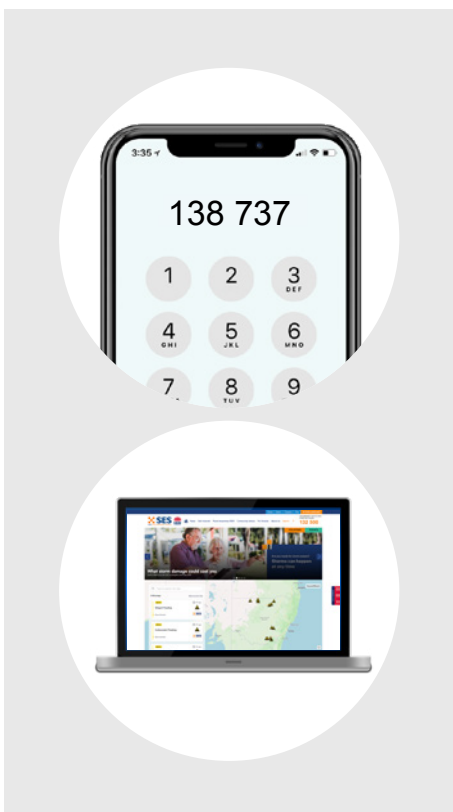
- Food

- Collar and lead

- Bed

- Medicine.

Contents

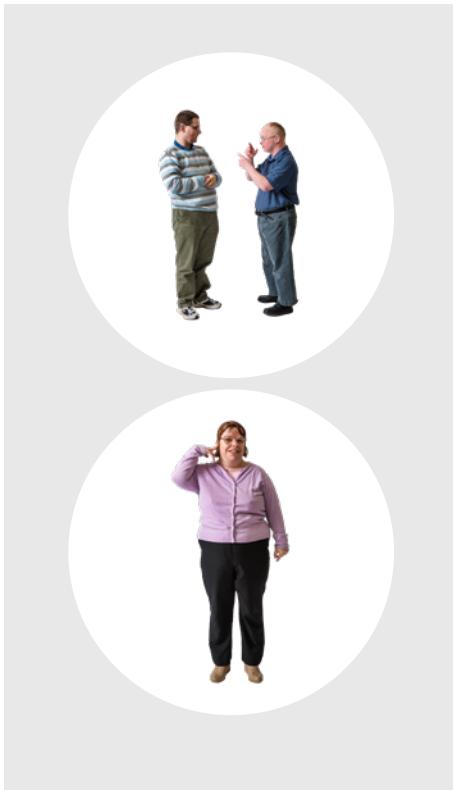

Call **000** if you are in danger right now.

You can contact NSW SES for more information about emergencies.

You can

- Call NSW SES on **138 737**

- Go to the website **www.ses.nsw.gov.au**

You can contact the National Relay Service if you are

- Deaf

- Have trouble hearing.

Go to their website **www.accesshub.gov.au** and ask for the NSW SES.

Council for Intellectual Disability made this document Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**.