



Emergency Kit Checklist

For emergency assistance during a flood, storm or tsunami, call **NSW SES** on **132 500**.

In a life-threatening emergency, call Triple Zero (000)

Personal items
 ■ Toiletries (e.g. soap, dental care, toilet paper, sanitary items & sunscreen) ■ Bedding (e.g. sleeping bags & blankets) ■ Protective equipment (e.g. gloves, masks & glasses) ■ Whistle (to signal for help) ■ Clothing & footwear (incl. underwear) ■ Pet supplies ■ Ownership & ID (microchip details & photo) ■ Food & water (incl. bowls) ■ Lead, harness & other accessories
 Add these before you leave Digital devices (e.g. phones, laptops & tablets Chargers, power banks & hard drives Personal valuables (e.g. photo & jewellery) Baby supplies (incl. formula, nappies & wipes) Medications for 5 days (incl. Medicare car & prescriptions)

For more information, visit: ses.nsw.gov.au/plan-and-prepare

Torch (incl. spare batteries)

