

# Get Prepared for Flood

SOME SIMPLE ACTIONS  
CAN SAVE LIVES

## Your local flood risk

The Hawkesbury-Nepean Valley has a long history of flooding.

When there is heavy rainfall, water flows down five major rivers into the floodplain. It is slowed from reaching the ocean by around 80 kilometres of narrow gorges from Ebenezer to Spencer. This means that floodwater can back up and rise quickly, causing wide, deep and dangerous floods.

There are hidden dangers in floodwater like debris, electrical wires, pollutants and sewage. In a flood, bridges can be cut, roads closed, public transport routes interrupted, power lost and mobile phone and internet connections disrupted.

It is important for everyone who lives in the floodplain to be prepared. For more information see [www.myfloodrisk.nsw.gov.au](http://www.myfloodrisk.nsw.gov.au)

## How to prepare before a flood

- ✓ **Know where to get updates and warnings**
  - Bureau of Meteorology for local weather updates
  - NSW State Emergency Service (NSW SES) for information on floods and storms
  - ABC Radio as the official emergency broadcaster
- ✓ **Prepare a 'Get Ready to Go' Kit**

### What to pack:

1. Health care items like medications and prescriptions
2. Copies of your important documents (hard copies or stored digitally)
3. Important valuables and momentos
4. Important phone numbers
5. Radio, torch, phone chargers and batteries
6. Clothing and personal items

- ✓ **Make a plan for evacuation**

Know where you will go, how you will get there, what evacuation routes you can use, what you will do with your animals, and how you will manage your health

- ✓ **Share your plan**

Talk with your relatives, friends, and neighbours about what you will do if you need to evacuate

## What to do during a flood



### Follow NSW SES Flood Advice and Emergency Warnings

- Listen to your local ABC radio station for up to date flood information and advice
- Follow advice from NSW SES. If you are asked to evacuate, don't wait until it is too late



### Take your 'Get Ready to Go' Kit

- This should include your medications, prescriptions and any assistance equipment



### Take your animals

- Put them on leashes or in carriers
- Take food, medication and registration/vaccination documents



### Know where to go

- Follow advice on evacuations and check live traffic information
- Make your way to relatives or friends outside the floodplain if you can
- Official evacuation centres will be announced at the time of the emergency



### Look out for each other

Share information with family, friends, and neighbours. Help each other especially people who may need assistance



## Where to find information

### Useful websites to visit and phone apps to download

- Local weather updates: [www.bom.gov.au](http://www.bom.gov.au) and Bureau of Meteorology app
- Local ABC Radio frequency: <https://reception.abc.net.au> and ABC Listen app
- Flood and storm updates: [www.ses.nsw.gov.au](http://www.ses.nsw.gov.au) [www.facebook.com.au/NSW.SES](https://www.facebook.com.au/NSW.SES)
- Plan for your animals: [www.getreadyanimals.nsw.gov.au](http://www.getreadyanimals.nsw.gov.au)
- Live traffic information: [www.livetraffic.com](http://www.livetraffic.com) and Live Traffic app



## Need help?

For emergency help in floods call NSW SES on 132 500

For all life threatening emergencies call 000

- Hearing/speech impaired SMS NRS: 0423 677 767
- Internet Relay: <https://internet-relay.nrscall.gov.au>
- If you are homeless call **Link2Home** on **1800 152 152**
- If an interpreter is required, emergency services can access translation services



## My important contacts

### Who will you need to contact in an emergency?

(e.g. emergency contact, relatives, friends, doctor, pharmacist, carer, support worker, Link2Home)

Name: .....

Phone: .....

Name: .....

Phone: .....

Name: .....

Phone: .....

Name: .....

Phone: .....

Name: .....

Phone: .....



## My checklist

### I am prepared because:



→ I know where to find information like weather updates, warnings and advice

→ I know where I will go in an evacuation and how I will get there

→ I know what I will take with me

→ I have talked with my household about what we will do if we need to evacuate

→ I have a plan for keeping my animals safe

→ I know how I will manage my health

→ I have talked through my plan with relatives, friends and neighbours

→ I have a list of my important numbers ready